



Aging-In-Place: Why You Should Plan Your Forever Home Today

Most of us want to live in our homes as long as possible, but preparing for future accommodations can be daunting. Yet like life insurance and retirement savings, the earlier you start, the better. Indeed, once you start, you'll find it's simpler than expected, and that planning for the future does not mean sacrificing the house you love.

"Don't let your home dictate what you can and cannot do everyday."

- John Lewis

What Is Aging-in-Place Home Design?

Aging-in-place is a design approach that incorporates accessibility into everyday living, planning for the changes future you might need, today. At its core, it's about dignity and independence.



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Common Myths

Myth #1

"It will look clinical." Not so; skilled designers make these homes as stylish as ever. Many aging-in-place elements, like combination towel racks and grab bars, will integrate seamlessly. Others, like open layouts and curbless showers, look sleek on their own.

Myth #2

"It's something to deal with later." Don't wait for a crisis. Many upgrades fit nicely into current renovations with little added cost. For example adding hidden wall backing for future handrails – it's there when needed, invisible when not.

Myth #3

"It's only for older adults." Universal design supports all ages and stages of life. It makes it easier to carry groceries, care for kids, or recover from injury - it's just good strategy!



What Aging-In-Place Design Might Look Like

Entries: Wider doorways, step-free thresholds and slip-resistant flooring

Kitchens: Pull-out drawers, lever handles, and lower counter heights

Bathrooms: Curbless showers, handheld wands, discreet grab bars, and comfort-height toilets

Lighting: Layered fixtures, instead of one overhead light, to reduce glare and improve visibility

Floors: Non-slip, low-gloss finishes, which improve movement for walkers or wheelchairs

Bedrooms: Main-level bedroom options and wider pathways

Technology: Smart lighting, thermostats, and security systems

Even small details like the placement of light switches or outlets can make routines safer and less demanding.

Case Study: Family-First Bathroom Remodel

When Kimbley C.'s mother suffered a serious fall, their home needed immediate updates for mobility. Lewis Builders redesigned the bathroom to make it safe and beautiful. We replaced the tub with a curbless shower, widened the doorway, and added a heated bench and handheld shower wand. Further simple updates throughout the home, like no-step transitions and better lighting, resulted in a space that supported independence while maintaining warmth.



Enduring Design for the Years Ahead

Your home is where life unfolds, from morning coffee to holiday gatherings. Aging-in-place design protects that comfort, so you can keep enjoying your space on your terms.

To begin planning for you or a loved one, book your free consultation with Lewis Builders today. Whether you're starting fresh or updating an existing home, our team will help you create a space that fits your lifestyle now and later.



Contact us to schedule a consultation

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